SUMMIT 2018

22-24 MARCH 2018 HILTON SENTRAL KUALA LUMPUR MALAYSIA



SUMMIT 2018



Datuk Dr. Kuljit Singh Organising Chairman 2018



Dr. Peter Catalano Organising Chairman 2018

Welcome to the ENT SUMMIT 2018

Entering the success of its 9th year, ENT SUMMIT 2018 is based on peer-to-peer learning, in an environment that fosters a close collaboration with industry. Our educational program features the latest innovations in otolaryngology, promoting high technology and the new modalities of treatment in medical devices and pharmaceuticals.

A unique meeting in South East Asia which involves expert panels, debates, open discussion forums, and "live" surgeries focusing on core practical points in Rhinology, allergy, sleep apnea, and related subspecialties. This is the second time that the summit is being expanded to three days instead of the usual two-days in order to provide a comprehensive and detailed programme for all delegates.

There are contemporary topics and controversial facts that can be debated with various opinions and the entire learning and updating is made interesting, such as on modern non-invasive techniques and other latest modalities of ENT treatment. In the previous years, this meeting has been proven to be a vital event where this important field in ENT is discussed in detail; in terms of forums, debate, dedicated lectures, free papers and posters.

There are no experts or key opinion leaders in ENT Summit as this meeting brings everyone to share their experiences and speak out their concerns.

SUMMIT 2018

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Dr. Peter Catalano

Consultant Ear, Nose and Throat Surgeon USA

Datuk Dr. Kuljit SinghConsultant Ear, Nose and Throat Surgeon MALAYSIA

Dr. Dipak Sharma

Consultant Ear, Nose and Throat Surgeon MALAYSIA

Dr. Jeevanan Jahendran

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Dr. Azida Zainal

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Dr. Yap Yoke Yeow

Consultant Ear, Nose and Throat Surgeon MALAYSIA

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EN SUMMIT 2018

DAY 1

11:30am Registration

12:00pm Welcome Address

Datuk Dr. Kuljit Singh

12:15pm Clinical Vignettes: FESS Revision

Dr. Mark Thong, Dr. Prayuth Tunsuriyawong & Dr. Peter Andrews

Moderator: Datuk Dr. Kuljit Singh

1:00pm Lunch Symposium [MENARINI]

Novel Findings in the Management of Allergic Rhinitis: Data on Asia Patients

Prof. Dr. Kimihiro Okubo

2:00pm Revision Septoplasty

Prof. Dr. Baharuddin Abdullah & Dr. Lye Kok Weng

Moderator: Prof. Dr. Siow Jin Keat

2:40pm COFFEE BREAK

Concurrent Networking Session A: Dr. Peter Catalano

Session B: Dr. Srinivas Kishore

3:00pm *Symposium Slot* [ASTRA ZENECA]

Allergic Rhinitis: Symptoms Control VS Quality of Life.

Paradigm Shift in Treatment Goal

Dr. Jeevanan Jahendran & Dr. Yap Yoke Yeow

Panelists: Dr. Ramiza Ramza, Dr. Nurhashima Abdul Rashid & Dr. Avatar Singh

4:00pm Review of Current Balloon Dilation Technologies:

The Good, The Bad and The Dangerous

Datuk Dr. Kuljit Singh, Dr. Mark Thong, Dr. Prayuth Tunsuriyawong & Dr. Peter Andrews

Moderator: Dr. Peter Catalano

4:40pm Balloon Dilation: Barriers to Adoption

Dr. AB John, Dr. Zulkefli Hussein, Dr. Jeevanan Jahendran,

Prof. Dr. Baharuddin Abdullah & Dr. David Chin Moderator: Dr. Peter Catalano

Last Update: 16 March 2018

EN SUMMIT 2018

DAY 2

8:00am	Registration

8:30am Drug-Induced Sleep Endoscopy: Is It Necessary?

Dr. Rosalind Simon & Dr. Srinivas Kishore Moderator: Dr. Yap Yoke Yeow

9:00am Clinical Vignettes: FESS Revision

Dr. Nurhashima Abdul Rashid & Dr. Ramiza Ramza Moderator: Dr. Peter Catalano

9:40am The Role of Palatal Expanders in the Management of SDB

Dr. John Walker & Dr. Lye Kok Weng

10:25am Coffee Break

Registration opens for Networking Session Day 2 (10 participants only)

10:45am The Role of "Nasal Surgery" in the Management of SDB in Children

Dr. Srinivas Kishore, Dr. Rosalind Simon, Dr. Ramiza Ramza & Dr. Vicente Gil

Moderator: Dr. Peter Catalano

11:25am The Role of the Oral Appliance in the Management of SDB

Dr. John Walker & Dr. Lye Kok Weng

12:10pm When is Uvulectomy the Right Choice?

Dr. Yap Yoke Yeow & Dr. Ramiza Ramza Moderator: Dr. Rosalind Simon

12:40pm Lunch Symposium [GSK]

Al and ORL Perspectives of Allergic Rhinitis and Rhinosinusitis

Dr. Amir Hamzah Dato' Abdul Latiff & Prof. Dr Baharudin Abdullah

1:40pm BREAK

2:00pm Symposium [BAYER] Updates in ABS Management

Dr. Yap Yoke Yeow

3:00pm Bruxism and TMJ Syndrome: A Result of Nasal Obstruction?

Dr. John Walker & Dr. Lye Kok Weng

3:20pm COFFEE BREAK - Networking Session: Dr. John Walker

3:40pm Anaesthesia for ESS: a) ET Tube VS LMA b) TIVA VS Inhalational Gas

Prof. Dr. Siow Jin Keat & Dr. Peter Andrews

Anaesthesists: Dr. Melvin Kandasamy & Dr. Navin Durairatnam

Moderator: Dr. Peter Catalano

4:55pm "Live" Demonstration: Postural Changes Related to Nasal Obstruction

Dr. John Walker

Last Update: 16 March 2018

ENT SUMMIT 2018

DAY 3

7:45am	5am Registration		
8:15am	5am Trans-Oral Robotic Cadaver Dissection		
	Dr. David Goldenberg Moderator: Dr. Yeo Sek Wee		
9:15am	Live Case History Presentation		
	Moderator: Dr. Dipak Sharma		
9:20am	Live Surgery Case [Trasmitted Live from Prince Court] Dr. Peter Catalano		
10:20	Coffee Break		
	Registration opens for Networking Session Day 3 (10 participants only)		
10:40am	BSP Cadaveric Dissection		
	Dr. Peter Andrews		
11:30am	Legal Implications of Social Media in Medicine		
	Raja Eileen Soraya		
12:30pm	Lunch Symposium [DCH AURIGA]		
12:30p	m-2:50pm - "Doctor, I am still dizzy." – Management Options for Chronic Dizziness		
	Dr. Philip Rajan Devesahayam		
12:50p	m-1:05pm - The Link Between Hearing Loss and Dementia: A Geriatric Psychiatry Perspective		
	Dr. Chan Yee Fai		
1:05pn	n-1:30pm - Panel Discussion and Q&A		
1:30pm	The Advantages of Early Intervention in Sinusitis Dr. Peter Andrews		
2:30pm	Breaking Research: A Comparison of Two Drug Eluting Sinus Implants Dr. Peter Catalano		
2:45pm	Symposium [MUNDIPHARMA] - "Exploring Topical Therapeutic Options in Tackling URTI"		
	Dr. Yap Yoke Yeow Moderator: Dr. Mazita Ami		
3:45pm	COFFEE BREAK - Networking Session: Dr. David Goldenberg		
4:05pm	The Malaysian Trans-oral Robotic Experience		
	Dr. Yeo Sek Wee		
4:35pm	TORS – The Flexible Robotic Breakthrough		
	Dr. David Goldenberg		
5:15pm	Expert Forum: "Management of Recurrent Nasal Polyps		
	Dr. Vicente Gil, Dr. Jeevanan Jahendran, Dr. Prayuth Tunsuriyawong, Prof. Dr. Siow Jin Keat,		
	Dr. Peter Andrews & Dr. Ramiza Ramza		

Moderator: Dr. Peter Catalano

Last Update: 16 March 2018

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Recommend Afrin® for Fast & Effective Congestion Relief¹

Afrin® technology targets nasal congestion right at the source, and helps prevent the drip down the throat or out the nose

- Works Within Minutes
- Provides 12 hour Relief
- Use for Relief from Nasal Congestion due to Colds or Allergies



BRAND NAME OF PRODUCT AFRIN APPROVED NAME OF THE ACTIVE INGREDIENT Each ml of AFRIN Nasal Solution contains 0.5mg (0.05%) oxymetazoline hydrochloride. INDICATIONS Indicated for the symptomatic relief of nasal and nasopharyngeal congestion due to the common cold, sinusitis, hay fever or other upper respiratory allergies. It is also recommended for office use on a nasal tampon to facilitate intranasal examination or before nasal surgery. DOSAGE AND METHOD OF ADMINISTRATION For adults and children six years of age and older: 2 or 3 sprays into each nostril twice adialy, morning and evening. CONTRAINDICATIONS FOR USE Do not exceed the recommended dosage. This product may cause rebound congestion if used for longer than 3 days. This product should not be used by patients who have heart disease, high blood pressure, thyroid disease, diabetes, or difficulty in urination due to enlargement of the prostate gland without careful clinical consideration. Use of the product by more than one person may spread infection. This product is not recommended for use in children under 6 years of age. This product is not to be used during pregnancy unless the potential benefits outweigh the risk. UNDESIRABLE EFFECTS Side effects are usually mild and transient and include burning, stinging, sneezing or increased nasal discharge. DATE OF TEXT REVISION 26.06.2015.

Referenc

1. Afrin Product Insert, November 2014.

For full prescribing information, please contact:



Consumer Health Division Bayer Co. (Malaysia) Sdn Bhd (Co. No. 7563 M)



Live with Clarity.



APPROVED NAME OF THE ACTIVE INGREDIENT Each tablet contains 10 mg micronized loratadine. Each 5 ml contains 5 mg of micronized loratadine. INDICATIONS Clarityne® is indicated for the relief of symptoms associated with allergic rhinitis (such as sneezing, nasal discharge/rhinorrhea and itching), as well as ocular itching, burning, chronic urticaria and other allergic dermatologic disorders. DOSAGE AND METHOD OF ADMINISTRATION Adults and Children 12 years of age and over: Clarityne® Tablet: One tablet (10 mg) once daily, Clarityne® Syrup: Two 5 ml spoonfuls (10 mg) once daily. Children 6 to 12 years of age: Clarityne® Tablet: Body Weight > 30 kg: One tablet (10 mg) once daily or two 5 ml spoonfuls (10 mg) syrup once daily. Syrup: Body Weight > 30 kg: Two 5 ml spoonfuls (10 mg) syrup once daily. Body Weight < 30 kg: One 5 ml spoonful (5 mg) syrup once daily. Contraindicated in patients who are hypersensitivity to the active

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B-19-1 & B-19-2, The Ascent Paradigm, No.1, Jalan SS7/26A, Kelana Jaya, 47301 Petaling Jaya, Selangor, Malaysia. Tel: +60 3 7801 3088 Fax: +60 3 7886 3338 Website: www.bayer.com



may improve patient's allergic rhinitis treatment adherence and outcomes as it provides better sensory attributes¹



ABBREVIATED PRESCRIBING INFORMATION FOR Avamys Nasal Spray. Product Name and Active **Ingredient: Avamys Nasal Spray.** *AVAMYS* Nasal Spray is a white, uniform suspension contained in an amber glass bottle, fitted with a metering (50 microlitres) atomising spray pump. Each spray of the suspension delivers approximately 27.5 micrograms of micronised fluticasone furoate as an ex-device dose. Indications: Adults and Adolescents (12 years and older): Treatment of the nasal symptoms (rhinorrhea, nasal congestion, nasal itching and sneezing) and ocular symptoms (itching/burning, tearing/watering, and redness of the eye) of seasonal allergic rhinitis. Treatment of the nasal symptoms (rhinorrhea, nasal congestion, nasal itching and sneezing) of perennial allergic rhinitis. Children (2 to 11 years): Treatment of the nasal symptoms (rhinorrhea, nasal congestion, nasal itching and sneezing) of seasonal and perennial allergic rhinitis. Dosage and Administration: AVAMYS Nasal Spray is for administration by the intranasal route only. For full therapeutic benefit regular scheduled usage is recommended. Onset of action has been observed as early as 8 hours after initial administration. It may take several days of treatment to achieve maximum benefit. An absence of an immediate effect should be explained to the patient (see Clinical Studies). Populations: For the treatment of seasonal allergic rhinitis and perennial allergic rhinitis: Adults and Adolescents (12 years and older): The recommended starting dosage is 2 sprays (27.5 micrograms per spray) in each nostril once daily (total daily dose, 110 micrograms). Once adequate control of symptoms is achieved, dose reduction to 1 spray in each nostril once daily (total daily dose, 55 micrograms) may be effective for maintenance. Children (2 to 11 years): The recommended starting dosage is 1 spray (27.5 micrograms per spray) in each nostril once daily (total daily dose, 55 micrograms). Patients not adequately responding to one spray in each nostril once daily (total daily dose, 55 micrograms) may use 2 sprays in each nostril once daily (total daily dose, 110 micrograms). Once adequate control of symptoms is achieved, dose reduction to 1 spray in each nostril once daily (total daily dose, 55 micrograms) is recommended. **Children (under 2 years of age)**: There are no data to recommend use of *AVAMYS* Nasal Spray for the treatment of seasonal or perennial allergic rhinitis in children under 2 years of age. Elderly: No dosage adjustment required. Renal impairment: No dosage adjustment required. Hepatic impairment: No dosage adjustment is required in patients with hepatic impairment. Pregnancy: Following intranasal administration of AVAMYS Nasal Spray at the maximum recommended human dose (110 micrograms/day), plasma fluticasone furoate concentrations were typically non-quantifiable and therefore potential for reproductive toxicity is expected to be very low. Lactation: The excretion of fluticasone furoate into human breast milk has not been investigated. Contraindications: AVAMYS Nasal Spray is contra-indicated in patients with hypersensitivity to any of the ingredients, Warnings and Precautions: Based on data with another glucocorticoid metabolised by CYP3A4, co-administration with ritonavir is not recommended because of the potential risk of increased systemic exposure to fluticasone furoate (see Interactions and Pharmacokinetics). Systemic effects with nasal corticosteroids have been reported, particularly at high doses prescribed for prolonged periods. These effects are much less likely to occur than with oral corticosteroids and may vary in individual patients and between different corticosteroid preparations. A reduction in growth velocity has been observed in children treated with fluticasone furoate 110 micrograms daily for one year (see Adverse Reactions and Clinical Studies). Therefore, children should be maintained on the lowest dose which delivers adequate symptom control (see Dosage and Administration). As with other intranasal corticosteroids, physicians should be alert to potential systemic steroid effects including ocular changes (see Clinical Studies). **Adverse Reactions**: Data from large clinical trials were used

to determine the frequency of adverse reactions. The following convention has been used for the classification of frequency: Very common (\geq 1/10); common (\geq 1/100 to <1/10); uncommon (\geq 1/1,000 to <1/100); rare (≥1/10,000 to <1/1,000); very rare (<1/10,000). **Clinical Trial Data:**

Respiratory, thoracic and mediastinal disorders

Very	Epistaxis
common:	
In adults and adolescents, the incidence of epistaxis was higher in longer-term use (more than	
6 weeks) than in short-term use (up to 6 weeks). In paediatric clinical studies of up to 12 week	
duration the incidence of epistaxis was similar between AVAMYS Nasal Spray and placebo.	
Common:	Nasal ulceration

Children: Musculoskeletal and connective tissue disorders

Not known: Growth retardation	
In a one-year clinical study assessing growth in pre-pubescent children receiving 110 micrograms	
of fluticasone furoate once daily, an average treatment difference of -0.27 cm per year in growth	
Luclocitu woo o	hooryad compared to placebo (oca Clinical Studios)

Post Marketing Data: Immune system disorders

Rare:

Nervous system disorders		
Common:	Headache.	
Common:	neadache.	

Hypersensitivity reactions including anaphylaxis, angioedema, rash, and urticaria

Respiratory, thoracic and mediastinal disorders

	algia, nasal discomfort (including nasal burning, nasal irritation and nasal	
	soreness), nasal dryness.	
Very rare:	Nasal septum perforation	

Please read the full prescribing information prior to administration, available from: GlaxoSmithKline Pharmaceutical Sdn Bhd (3277-U), Level 6, Quill 9, 112 Jalan Semangat, 46300 Petaling Jaya, Selangor Darul Ehsan, Malaysia. Abbreviated Prescribing Information Version 02 based on GDS10/ IPI09. Date of revision: 24th January 2018

References: 1. Yonezaki M, et al. Preference evaluation and perceived sensory comparison of fluticasone furoate and mometasone furoate intranasal sprays in allergic rhinitis. *Auris Nasus Larynx*. 2016;(43);292-297. **2.** Yanez A, *et al. Allergy Rhinol*. 2006; 7:1-6. **3.** Berger WE, Godfrey JW, Slater AL, Expert Opin Drug Deliv. 2007;4(6):689-701. 4. Berger WE, Godfrey JW, Grant AC, et al. J Allergy Clin Immunol. 2007;119(1):S231. 5. Godfrey JW, Grant AC, Slater AL, J Allergy Clin Immunol. 2007;119(1)



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FAST 'N EFFECTIVE RELIEF'S FROM BOTHERSOME NASAL SYMPTOMS **GENTLE ON THE NOSE⁴**



(ciclesonide) Nasal Spray, 50 mcg

ABBREVIATED PRESCRIBING INFORMATION: INDICATIONS: Seasonal Allergic Rhinitis and Perennial Allergic Rhinitis OMNARIS™ Nasal Spray is indicated for the treatment of nasal symptoms associated with seasonal allergic rhinitis in adults and adolescents 12 years of age and older. DOSAGE AND **ADMINISTRATION:** The recommended dose of OMNARIS™ Nasal Spray is 200 mcg per day administered as 2 sprays (50 mcg/spray) in each nostril once daily. The maximum total daily dosage should not exceed 2 sprays in each nostril (200 mcg/day). **CONTRAINDICATIONS:** OMNARIS™ Nasal Spray is contraindicated in patients with a hypersensitivity to any of its ingredients. SPECIAL PRECAUTIONS: Inhibitory effect of corticosteroids on wound healing; patients who have experienced recent nasal septal ulcers, nasal surgery, or nasal trauma should not use a nasal corticosteroid until healing has occurred. Use with caution, in patients with active or quiescent tuberculosis infections of the respiratory tract; or with untreated local or systemic fungal or bacterial infections; systemic viral or parasitic infections; or ocular herpes simplex. OMNARIS™ Nasal Spray, should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. Hypoadrenalism may occur in infants born of mothers receiving corticosteroids during pregnancy. Such infants should be carefully monitored. Caution should be implied on nursing mothers. It is not known if ciclesonide is excreted in human milk. However, other corticosteroids are excreted in human milk. ADVERSE REACTIONS: epistaxis, nasal discomfort, and headache. No patient experienced a nasal septal perforation or nasal ulcer. DRUG INTERACTION: In interaction study, co-administration of orally inhaled ciclesonide and oral ketoconazole, a potent inhibitor of CYP450 3A4, increased the exposure (AUC) of desciclesonide by approximately 3.6-fold at steady state, while levels of ciclesonide remained unchanged. Therefore, ketoconazole should be administered with caution with intranasal ciclesonide.

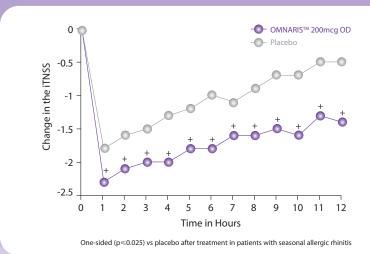
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For Healthcare Professionals Only



hour onset of action¹

OMNARIS™ was shown to significantly improve nasal symptoms compared with placebo within 1 hour of use

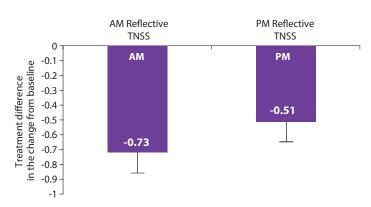


day symptom relief²

OMNARIS™ improved both **AM and PM Reflective TNSS**

over Days 1-42

- No significant difference between AM and PM scores, demonstrating full 24-hour effect
- A significant decrease in TNSS compared with placebo over the entire trial duration (28 or 42 days)



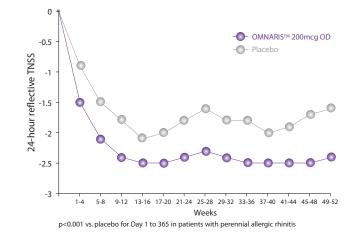
Morning (p<0.001) and evening (p=0.005) reflective TNSS over days 1 to 42 versus placebo in patients with perennial allergic rhinitis

year sustained efficacy³

Long-term efficacy with OMNARIS™ has been proven

in patients with chronic allergic rhinitis symptoms over 52 weeks

- Similar safety profile vs. placebo
- No evidence of tachyphylaxis



OMNARIS™:

The ONLY INS in a unique hypotonic formulation4 that 'sticks & stays'

Indication: Treatment of nasal symptoms associated with seasonal and perennial allergic rhinitis in adults and adolescents 12 years of age and older

Dosage: 2 sprays (50 mcg/spray) in each nostril once daily



TNSS: Total Nasal Symptom Score

References: 1. Patel et al. Ear Nose Throat J 2008; 87:340-53. 2. Meltzer E, et al. Ann Allergy Asthma Immunol 2007;98:175-181. 3. Chervinsky P, et al. Ann Allergy Asthma Immunol 2007;99:69-76. 4. WingertzahnMA et al. Allergy Asthma Proc 28:S18-S24 2007.

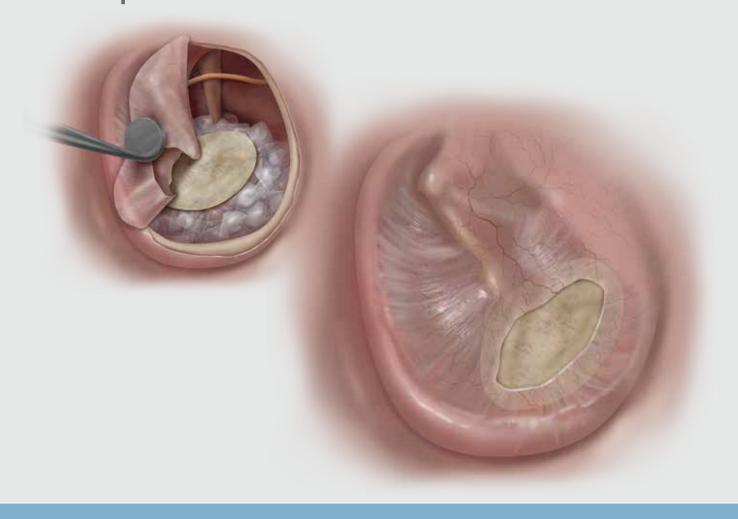


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Excellent handling

Biodesign material is easy to manipulate, allowing for improved surgical precision during graft placement.

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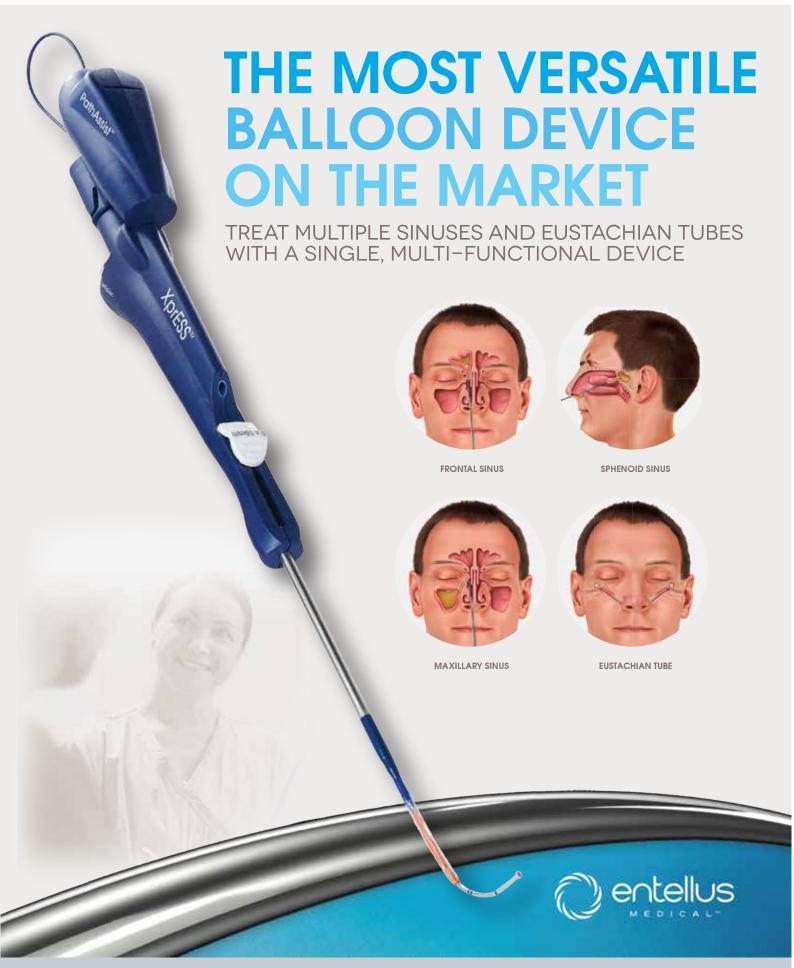
The Biodesign Otologic Repair Graft reduces the need to harvest autologous tissue, significantly decreasing intraoperative time.













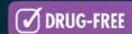
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- Have broad spectrum antiviral effects^{1,3-5}
- Eliminate 99% of common cold and flu viruses 1.6.7

When used at first signs of symptoms, it is clinically proven to:

- Shorten the duration of illness by 2 days*1
- Reduce the severity of cold symptoms³













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